

*By Physicians, For Physicians*

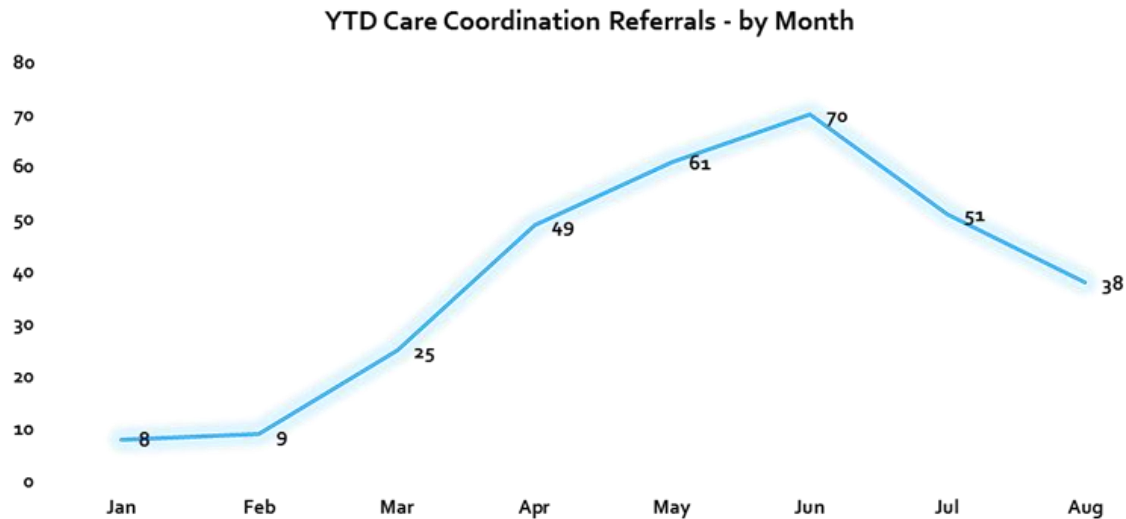
To All Shore Quality Partners Members,

We are pleased that SQP continues to grow and succeed in our goals of supporting our member practices as they continue to provide the best care in the region. If you would like to feature content in the newsletter regarding services or announcements in your practice please email them to [info@shorequalitypartners.com](mailto:info@shorequalitypartners.com).

**Welcome New Family Medicine Physicians to Shore Quality Partners:** Please welcome **Lawrence Anastasi, DO & John Gaffney, DO** to Shore Quality Partners. Their practice, Medical Center of Margate, is located at 9501 Ventnor Ave. Their office number is (609) 823-6161. The most current roster of SQP Physicians can be found at any time on our website, <http://shorequalitypartners.com/physicians/>.

**Care Coordination Team Update:** The Care Coordination Team continues to successfully contribute to the care of your SQP referred patients. Below is a recent case study proving the team's success. We encourage you to refer any SQP patient to the team who could benefit from the additional resources. **Services include:** diabetes education, medication reconciliation, nutrition counseling, assistance in scheduling and expediting patient appointments, and social services. To refer a patient, please complete and fax the Care Coordination Referral form, located on our website <http://shorequalitypartners.com/>.

- Patient A was diagnosed with diabetes approximately 1 year ago and was given the opportunity to make healthy lifestyle changes with a referral for Diabetes Nutrition Education. Patient A began coming for Nutrition Counseling in April of 2015, and came back once a month as they felt it would be most beneficial in order to stay on track. Patient A started with an Hb A1c of 7.2%, elevated blood pressure and cholesterol and very overweight. "I came here knowing I was a diabetic and knowing that I did not want to be one anymore; I wanted to get off some of my medications and start living a healthier lifestyle." Patient A developed short-term goals in order to reach their long-term goal of losing 20-30 pounds and coming off some of their medications. From April to August, Patient A dropped their Hb A1c from 7.2% to 5.8%, normalized their blood pressure and lipids, had many medications decreased or discontinued and lost over 20 pounds. "I feel great, my energy is great and I'm not going back to the lifestyle I had before. I have no reason to do what I was doing before, I only want to keep getting better."



**Contract Update:** SQP currently has 2 contracts with insurance companies: Horizon, and AmeriHealth. We are also finalizing our contract with Clover, previously named CarePoint Health Plan, and researching other shared savings deals. There are FAQ's with details on specific quality metrics and bonus mechanisms for each contract on our website, <http://shorequalitypartners.com/payers/>. If you have any questions, please contact myself or Cliff Frank.

**1.5 CME Opportunity October 20<sup>th</sup>: Emerging Therapies in Cardiovascular Disease,** hosted by Penn Cardiology. This dinner event will be held from 6:30PM-8:30PM at Atlantic City Country Club. The purpose of this event is to provide an introduction to advanced management of complex cardiac disease. Topics will include updates on antithrombotic therapy, diagnosis and invasive management of pulmonary embolisms, and current indications and follow-up of implantable ICDs. The official invitation will be sent to your practice location.

**Participating Provider Websites:** In an effort to support the practices enrolled in Shore Quality Partners, we are adding a section on our roster to include your practices' website links. These links will be useful for patients looking for an SQP Provider, or for you to easily access your colleagues' websites. We encourage you to add



the SQP icon and link to our website on your practice's home page. For instructions on how to add the icon to your website, please call (609) 365-6260.

***Save the Date 9/30 AthenaHealth Demo:*** Are you considering an electronic health record program for your practice? Come learn about AthenaHealth and the special pricing offered through SQP membership. The event will be held at 6:00pm on September 30 at Greate Bay Country Club. More details coming soon!

With Best Regards,

A handwritten signature in black ink, appearing to read "Steven P. Nachtigall". The signature is fluid and cursive, with a large, stylized initial "S".

Steven P. Nachtigall, M.D.  
Chairperson on behalf of the Board of Directors of SQP