

By Physicians, For Physicians

To All Shore Quality Partners Members,

If you would like to feature content in the newsletter regarding services or announcements in your practice please email them to info@shorequalitypartners.com.

Please welcome Patrick Kane, MD to Shore Quality Partners: Born and raised in South Jersey, Dr. Kane is excited about joining Shore Quality Partners and beginning his practice in the Atlantic and Cape May County regions. Dr. Kane is dual fellowship trained having completed his Hand and Upper Extremity Fellowship at the Philadelphia Hand Center, Thomas Jefferson University and his Orthopaedic Trauma fellowship at Brown University, Rhode Island Hospital. Dr. Kane is an Assistant Professor of Orthopaedic Surgery at Thomas Jefferson University and is an associate of the Philadelphia and South Jersey Hand Centers, his main office is located in May's Landing NJ: Festival Shopping Center, 4450 Black Horse Pike. Dr. Kane's practice focuses on treatment of the hand and upper extremity, he offers the latest in surgical care including wrist arthroscopy and endoscopic carpal tunnel release. In addition to his clinical practice Dr. Kane is heavily involved in research and serves as the Clinical Director of Research for the Hand Rehabilitation Foundation. When not at work Dr. Kane enjoys spending time with his wife and children, they currently live in Ocean City.

Athena Dinner Event November 4: Are you considering an electronic health record program for your practice? Come learn about athenahealth, a certified EHR system and the special pricing available to you through your Shore Quality Partners membership.

Wednesday, November 4th starting at 6:00 pm

Greate Bay Country Club • 901 Mays Landing Road • Somers Point, NJ 08244

Shore Physicians Group will discuss their experiences with athenahealth and how their integrated suite of EHR, practice management and care coordination services has helped them achieve financial health and clinical control. To RSVP, fax the attached form to 866-823-1462 or email event.rsvp@athenahealth.com.

Care Coordination Team Featured in Philadelphia Style article "Top 6 Preventative Care Programs for Men in Philadelphia": "Collaboration is one of the hallmarks of the Shore Quality Partners Diabetic Care Coordination Team, which brings together a multidisciplinary group of professionals, including primary care physicians, endocrinologists, nurses, dietitians, pharmacists, and social workers. This initiative involves a clinically integrated organization of Shore Medical Center and 235 of its partnering physicians to address comprehensive issues of their diabetic patients in surrounding counties."

"Each member of our team brings their special expertise to the table to educate and create the best possible, individualized plan for our patients," says Dr. Pomeroy. On a patient's first visit, the team spends up to 90 minutes with them to assess all components of the disease. "We give our patients

manageable goals and homework. For example, we may ask them to keep a food diary, and on their next visit to have our registered dietician break it down and find any shortcomings,” Dr. Pomeroy explains.

Says Dr. Pomeroy, “The mission of Shore Quality Partners Diabetic Care Coordination is to educate pre-diabetics and diabetics about their disease and empower them with tools to fight, overcome, and thrive.” 415 Shore Road, Somers Point, NJ, 609-365-6260”

To view the full article, click the following link: <http://phillystylemag.com/top-preventative-care-programs-for-men-in-philadelphia>

Care Coordination Team Success Story: Please read the below case study proving how the Shore Quality Partners Care Coordination Team can successfully assist in the care of your patients.

Mary Smith (pseudonym) was referred to the Diabetes Care Coordination Team in July 2015, and within less than 2 weeks, had her initial visit with the team. At this time, Mary had an Hb A1c of 12%, weighed 305 pounds, was in Stage 3 Chronic Kidney Disease, and suffered from obesity, dyslipidemia, hypertension and obstructive sleep apnea.

During the initial visit, Mary and the Care Coordination Team collectively established a personalized care plan to care for Mary’s diabetic and health needs. They agreed that Mary would keep a food journal tracking food and fluid intake, blood sugar readings, daily weight and exercise completed for the day. After the initial counseling and education session, Mary increased physical activity, continued monitoring blood sugar and weight, and was diligent in controlling portion sizes of carbohydrates and proteins.

Mary was seen for a 3 month follow up visit in October 2015. She maintained a food journal throughout the entire 3 months and through lifestyle modifications, in combination with medication therapy, **was able to lose 47 pounds, lower her Hb A1c from 12% to 5.2%, have all diabetes medications discontinued, and restored her kidney function and is no longer in Stage 3 CKD.** Mary has been diligent in tracking and monitoring their intake in order to obtain a better, healthier life.

To refer a patient to the SQP Care Coordination Team, complete the attached form and fax it to: (609) 653-1893

With Best Regards,



Steven P. Nachtigall, M.D.
Chairperson on behalf of the Board of Directors of SQP